# Autism Care at HopeCentral...

# Autism Diagnostic Evaluation

HopeCentral is a general pediatric clinic with an Autism Center of Excellence designation. We offer multidisciplinary diagnostic evaluations for children that follow best practice guidelines established by the *American Psychological Association* and the *American Academy of Pediatrics*. We accept referrals for evaluations from primary care physicians.

## **Parent Education**

HopeCentral offers First Steps, a 3-class series for parents of children who were recently diagnosed with autism spectrum disorder (ASD). First Steps will familiarize you with community resources for your child, and teach strategies that you can use at home to promote development. This series is open to the general public and costs \$45. Scholarships are available for those who qualify.

## **Primary Care**

We believe that a familiar, consistent, and trusted source of healthcare is important for all children, especially for those with ASD. Our primary care patients benefit from:

**Enhanced physician access** — Our patients enjoy unhurried appointments, fast scheduling, and after-hour advice calls answered directly by the doctors.

Integrated behavioral health care — Our onsite behavioral health providers are wellversed in research-based behavioral interventions for problems commonly associated with ASD (e.g., sleep problems, tantrums, self-harm, etc.).

**Care Coordination** — Our team knows the local resources for children with ASD. We can help you to connect with services and navigate the individual education plan (IEP) process at school.

HopeCentral

# Our providers



Thomas (T.K.) Brasted, Psy. D. Behavioral Health Director

Dr. Brasted is a clinical child psychologist who has deep experience

with evidence-based treatments for children. His special interests include autism spectrum disorders and parenting skills training. T.K. loves the resilience of children and enjoys supporting parents. He received his PsyD from Argosy University.



Christopher Jones, M.D., FAAP Medical Director-Operations

Dr. Jones' love for pediatrics originated from a college trip to

rural Zaire where he saw the impact of medical expertise in a place of great need. Originally from Eastern Washington, Chris received his medical degree from the University of Washington and trained in pediatrics at Loyola University of Chicago.

# Our providers



Joe Sherman, M.D., FAAP Pediatrician

Dr. Sherman's varied practice settings have included directing a hospital-based pediatric

clinic in Seattle, directing a mobile pediatric clinic in inner-city Washington D.C., and practicing rural medicine in Bolivia. Joe has a deep interest on the influence of faith, culture, and community on health. He received his pediatric training at the Medical College of Virginia and is an Associate Professor of Pediatrics at the University of



Patricia Scott, M.D., FAAP Medical Director - Quality

Dr. Scott is passionate about creating and supporting environments

where children thrive. She helped found HopeCentral to live out her passion in Rainier Valley. Patricia received her medical degree from Georgetown University and trained in pediatrics at the University of California San Francisco.



# Details...

## Directions

HopeCentral is located on Othello St. near MLK Jr. Way, close to the light rail station.



### Hours

M, T, Th, Fr: 9am to 5pm W: 1pm to 5pm

#### Insurance

We accept many major insurance carriers as well as Apple Health (CHPW, Molina, UHC).

For questions, or to schedule an appointment call 206-455-9845 or email info@hopecentralhealth.org



ph: 206-455-9845 info@hopecentralhealth.org

www.hopecentralhealth.org

3826 S. Othello St. Seattle, WA 98118



Pediatrics and Behavioral Health

# Autism Services

