

King County Referral Guide Overview

Parenthelp123.org
1-800-322-2588

LEARNING & DEVELOPMENT

0-3 years

- [Early Intervention/Birth to Three Services](#) 1-800-322-2588
Free full developmental evaluations for children under 3 years. Individualized supports and services for children that qualify.

3-5 years

- School district [ChildFind evaluation for Early Childhood Special Education](#), search "Child Find" + the school district
School-based special education services for children that need accommodations or supports to access education.

SPECIFIC CONCERNS

Autism Evaluations

- [HopeCentral](#) (206) 455-9845- South Seattle
- [Seattle Children's Autism Center](#) (206) 987-8080- NE Seattle
- [University of Washington Autism Center](#) (206) 616-8642- NE Seattle
- [International Center for Autism and Neurodevelopment \(I-CAN\) Center](#) (425) 657-020- Bellevue
- [Ryther Center for Children & Youth](#) (206) 517-0234- Seattle, Bellevue

Family Support & Advocacy

- [Open Doors for Multicultural Families](#) (253) 216-4479
Provides culturally and linguistically relevant information, services, and programming to culturally and linguistically diverse families of persons with developmental and intellectual disabilities.
- [ARC of King County](#) (206) 364-6337
Serves all people with intellectual and developmental disabilities across the lifespan: from prenatal diagnosis through end of life care.
- [Chinese Information and Service Center](#) (206) 624-5633
Helps immigrants throughout King County achieve success in their new community by providing information, referral, advocacy, social, and support services.
- [Southwest Youth & Family Services](#) (206) 937-7680
A resource for low-income families and youth in Southwest King County dedicated to offering education, counseling, youth and family development services within a welcoming environment.

5 services centers offer support accessing: food assistance, employment services, financial assistance, housing, transportation, energy assistance, etc.

- **Eastside Baby Corner (425) 865- 0234**
Diaper bank, clothing bank, formula, baby food, car seats, cribs, and toys donated to families via partnering organizations and case managers – East King County
- **Westside Baby Corner (206) 767-1662**
Diaper bank, clothing bank, formula, baby food, car seats, cribs, and toys donated to families via partnering organizations and case managers – Seattle and South King County

Housing Support

- **2-1-1 or 800-621-4636**
The 1st step in access to emergency shelters, safe housing, utility assistance, rental assistance, housing vouchers. Can also connect to food and healthcare supports.

24 Hours Crisis Line- 866-427-4747

Crisis Connections offers help on:

- Suicide prevention
- Substance abuse
- Emotional crisis
- Teen supports
- Support after suicide

Also a resource for community and professional trainings