

# HopeCentral offers...

## *Time to Listen, Time to Care*

At HopeCentral, we view health as physical, emotional, and spiritual well-being. Our practice is designed to foster trusted relationships between patients and providers so parents and caregivers feel firmly supported in raising healthy children.

## **Enhanced physician access & 24/7 Care**

We focus on a smaller patient panel to provide higher quality care.

- *Unhurried appointments*—we reserve 45 minutes for well-checks and 30 minutes for most urgent issues.
- *After-hours advice calls answered directly by our doctors*, not an impersonal nurse line.
- *Fast scheduling*—same day or next day appointments for urgent issues.

## **Integrated behavioral health care**

Our on-site behavioral health providers work hand-in-hand with our pediatricians to care comprehensively for your child's physical and emotional health:

- *Parenting support & coping strategies* for common behavioral stressors.
- *Lifestyle change* (diet, sleep, etc.).
- *Screening, assessment, and guided referrals* to in-depth mental health resources.

## **Excellent care for special needs**

Our primary care experience is intentionally designed to welcome families with special needs. In addition, HopeCentral is a *Washington Autism Center of Excellence* and provides psychological evaluation for autism spectrum disorder

# Our providers



**Thomas (T.K.) Brasted, Psy. D.**  
*Behavioral Health Director*

Dr. Brasted is a clinical child psychologist and graduate of Argosy University/Seattle.



**Christopher Jones, M.D., FAAP**  
*Medical Director-Operations*

Dr. Jones received his medical degree from the University of Washington and trained in pediatrics at Loyola University of Chicago.



**Thanh Kirkpatrick, M.D.**  
*Pediatrician*

Dr. Kirkpatrick is a graduate of the University of Vermont College of Medicine and trained in pediatrics at the Children's Hospital of Philadelphia.



**Patricia Scott, M.D., FAAP**  
*Medical Director-Comm. Health*

Dr. Scott received her medical degree from Georgetown University and trained in pediatrics at the University of California San Francisco.



# Mission

HopeCentral is a community supported non-profit 501(c)(3) clinic. Our mission is to “*Share the love of Jesus through excellent, enhanced primary care for the entire community.*” We serve everyone regardless of income or background.

## Better Care

In the modern healthcare system, primary care providers are under tremendous pressure to see as many patients as possible, as quickly as possible. In contrast, generous support from the community allows providers at HopeCentral to spend the time needed to know and understand patients’ health needs while making behavioral health and other augmented resources available.

## Reaching Out

Community support also enables HopeCentral to reserve 50% of our patient capacity for low-income families and to undertake efforts like our *East African Developmental Disability Outreach*. We are partnering with the Ethiopian Community of Seattle and the Somali Health Board to address developmental disabilities in these immigrant communities.

## Learn More

Learn more at [hopecentralhealth.org](http://hopecentralhealth.org) or by contacting our Executive Director, Dave Kwok at [dkwok@hopecentralhealth.org](mailto:dkwok@hopecentralhealth.org).

## Donate

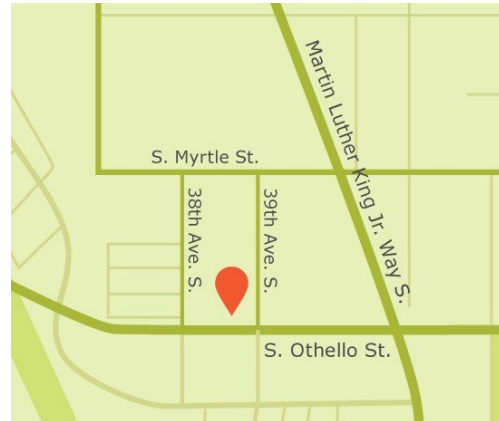
[hopecentralhealth.org/donate](http://hopecentralhealth.org/donate)



# Details...

## Directions

HopeCentral is located on Othello St. near MLK Jr. Way, close to the light rail station.



## Hours

Monday through Friday: 9am to 5pm

## Insurance

We accept most major insurance carriers including Apple Health.



For questions, or to schedule an appointment call 206-455-9845 or email [info@hopecentralhealth.org](mailto:info@hopecentralhealth.org)



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[info@hopecentralhealth.org](mailto:info@hopecentralhealth.org)

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